



Official Newsletter of Sons of Norway District Six Recreation Center

Fall 2023

PRESIDENT'S MESSAGE

Dear Friends,

As fall approaches, I hope this letter finds you all in good health and high spirits.

First and foremost, I want to express my heartfelt appreciation to each of you, our valued stakeholders and members of the Sons of Norway family. Your unwavering support and love for our camp have been the heart of this summer retreat. Your presence and contributions have made Camp Norge the hub of our vibrant and close-knit community.

As we embrace the beauty of the changing season, we eagerly anticipate the upcoming events that promise joy and lasting memories. Our Labor Day weekend Kretstevne gathering is a time-honored tradition that celebrates our Norwegian heritage and strengthens the bonds that unite us as one big family.

For the young-at-heart adults, Camp Oldfjell offers a unique opportunity to relive the joys of summer camp, creating memories with old and new friends alike. The new experiences, learning, laughter, and camaraderie during this time are truly heartwarming.

I am also happy to share that this year, thanks to the very hard work of our camp managers and volunteers, we experienced tremendous success with our summer camps for children: Camp Trollfjell and Trollfjell Folkehøgskule. Over the decades, these camps have been instrumental in instilling a sense of pride in our Norwegian heritage while fostering friendships that last a lifetime. Witnessing the joy and curiosity on the faces of our young campers is a testament to the magic that happens here each summer.

Looking ahead, in addition to the constant need to maintain our facilities and grounds, our board is committed to making Camp Norge even more accessible, engaging, and inspiring for all. We are exploring new avenues to improve our facilities, enhance our programs, and ensure that every member feels a strong sense of belonging. You can help by joining the Century Club and providing your annual \$100 donation to this vital source of support we need.

In closing, I want to again extend my deepest gratitude to each of you for being an integral part of the Camp Norge family. Your enthusiastic commitment and presence are what make this camp so extraordinary, and I am honored to serve as your President.

Please mark your calendars and join us for the upcoming events. Together, we will make this year's Camp Norge experience an unforgettable one.

With heartfelt appreciation,

Fred Hymans

President, District Six Recreation Center Board of Directors



COME AND STAY!

The facility offers numerous lodging options including RV and tent sites, in addition to the historic main house, cozy cabins, and three rustic dormitories. There are two indoor group event spaces, the Social Hall complete with a full kitchen can accommodate up to 60 guests, and the Heritage Hall which offers a full commercial kitchen can accommodate up to 100 guests. The camp also boasts a pool, fire-pit, hiking trails, and horseshoe pits. For more details on our accommodations visit Camp Norge's [WEBSITE](#).

Camp Norge is a great destination for weddings and family reunions.

Mountain bike and hiking trails are plentiful in the area. With only a short 30-minute drive to reach world-class ski resorts – Camp Norge is a great place to stay for your next mountain adventure. Located right off on I-80, just 1 hour from Sacramento or North Lake Tahoe.

Colfax is just 15 minutes away and Grass Valley & Nevada City are just 30 minutes away. All three towns offer great swimming, hiking, boutique shops, and gold rush history. Another fun attraction - Rollins Lake Boat Rentals. It's just 15 minutes from camp - great for fishing or just enjoying a day on the lake.

Book your Camp Norge getaway today! To check availability and prices, please call us at: (530) 389-2508 or email campnorge2@gmail.com.



AREA ATTRACTIONS

North Lake Tahoe

Mark your calendar! This summer in North Lake Tahoe is packed with can't miss festivals and events. From the shores of Lake Tahoe to surrounding mountain summits and everywhere in between. For detailed information visit North Lake Tahoe's website by clicking [HERE](#).

Donner Pass Area

Hiking: There are plenty of hiking opportunities near Donner Pass. You can hike a 2.5 or 17 mile portion of the Pacific Crest Trail. Click [HERE](#) for information. For a hike that is unusual and historic at the same time, visit the railroad tunnels on Donner Pass. For more information click [HERE](#). For more day hikes, including the hike at Sierra Discovery Trail, a Camp Trolfjell favorite, click [HERE](#).

20 Mile Museum The Donner Summit Historical Society's 20 Mile Museum highlights the history and beauty of the Summit. You'll learn about Wagon Trains, the Transcontinental Railroad it's builders, and the 1st ski gondola in California. Click [HERE](#) for information.

Petroglyphs

Visit the petroglyph site, they are hard to see, but really are fascinating. Click [HERE](#) for information.



White Water Rafting

If you love the great outdoors then you may be interested in a fast-paced water adventure and go white water rafting on the South or Middle fork of the American River. There are several companies that offer guided tours for families and groups. Click on any of the company names to visit their website.

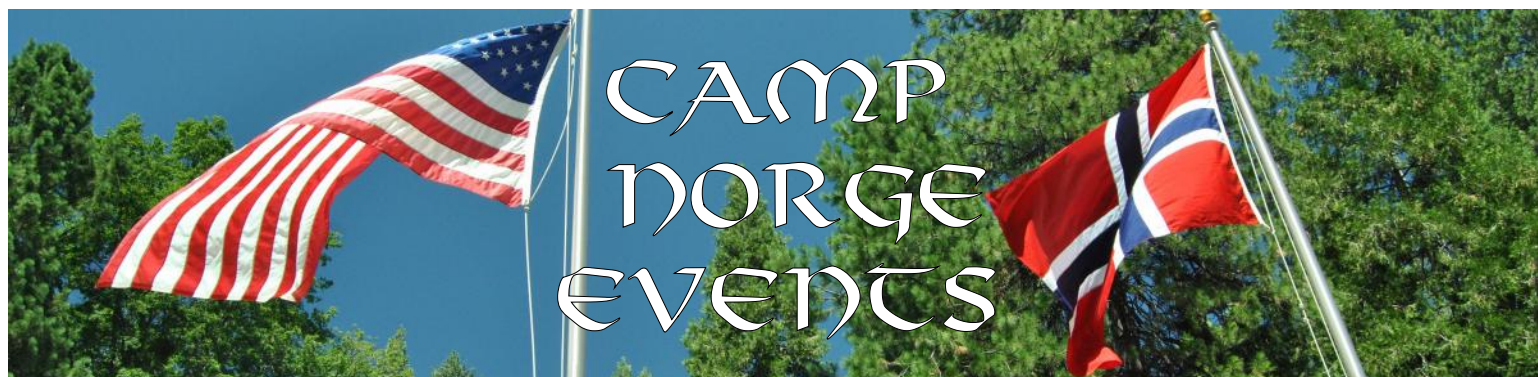
[Oars](#) [All Outdoors](#)
[American River Recreation](#) [Whitewater Excitement](#)



Royal Gorge cross-country ski area

Featuring 92 trails with over 140km of groomed, tracked trails for human-powered outdoor recreation spread across 6,000 acres, guests of all ages and ability levels are invited to try classic cross-country skiing, skate skiing and snowshoeing. Click [HERE](#) for details.





Northern California Kretsstevne

September 2, 3 & 4, 2023

Spend the weekend, or just a day with us for a great time! We'll have fun activities for everyone, and good food provided by some of our local lodges. All of the meals will be served in the Heritage Hall. Click [HERE](#) to pay online or you can chose to mail in your form and check, click [HERE](#) for the form. **Meal registration deadline is August 25.** See page 9 for a copy of the flyer.

74th Rosemaling Seminar

September 23-24, 2023



Onya Tolmasoff's project is a cheerful Os design on a charcoal background.



Karen Nelson's project is a graceful Telemark design on a charcoal background.

Make your reservations for Penny's Rosemaling Seminar at Camp Norge NOW! The cost of the seminar is \$140. Our teachers are Karen Nelson and Onya Tolmasoff. We will be painting a basswood cracker box with turned spindle handles on each end. The box, made by Lusk Scandia Woodworks in Coon Valley, Wisconsin, measures 12" long x 6" wide x 5" tall. Classes are open to adults, 18 years and older. Class size is limited to twenty-one (21) students per class. A short wait-list will be established, once classes meet the limit. NOTE: If you have been wait listed but do not make it into class, your check will be shredded, not returned. STROKE CLASS: Karen will be offering a stroke class from 6:30 – 7:30 p.m. on Friday. The cost of the class is \$5, payable directly to Karen.

Click [HERE](#) for the flyer and the registration form.

Please note: the color of the images may not reflect the true colors of the projects!

Camp Oldfjell

September 30 to October 3, 2023

Camp Oldfjell, Folkehogskule for Voksne (Folk School for Adults), will be held at our beautiful Camp Norge. Classes are filling up fast, check out the full catalog by clicking [HERE](#). To register click [HERE](#). The Camp Oldfjell fee covers classes and meals. Material fees are paid to the instructors. Lodging fees are paid directly to Camp Norge. Click [HERE](#) for lodging information. Classes are filling up fast, sign up today!

Please note: The catalog will be updated when classes are full as will the registration form.

MEMORIAL DAY WEEKEND

The Young Scandinavian's Club joined District Six members at this years gathering at Camp Norge over Memorial Day Weekend. It was wonderful to see so many children at this years gathering as well as our old and new friends. 2023 saw the introduction of our pickleball court, and our first ever tournament. We had a wonderful time, we hope to see you at our next event, the Northern California Kretsstevne over Labor Day Weekend. See the flyer on page 9 or click [HERE](#).



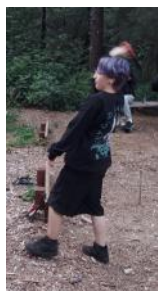
LANGUAGE AND HERITAGE CAMPS

Sons of Norway District Six hosts an annual summer Language and Heritage camp, Trollfjell Folkehøgskule, ages 14 to 17, and Camp Trollfjell, ages 8 to 13. Camp is held at District Six's Recreation Center, Camp Norge, each year, traditionally the last week of June and the first three weeks of July. Click [HERE](#) for details.

Scholarships are available from Sons of Norway District Six and some local lodges. Qualifying campers will be a Sons of Norway member or sponsored by a member. Check with your local Lodge for information or click [HERE](#) to apply for a District Six scholarship. Campers do not need to be Sons of Norway members. To join, click [HERE](#) to become a member. For information on how to apply for a District Six scholarship. Campers do not need to be Sons of Norway members. If you'd like to join, click [HERE](#) to learn more and join.



Each year our campers and students participate in traditional summer camp activities, such as hiking, games, swimming pool fun, campfires, and skits.



Left: 2023 Camp Trollfjell attendees

Right: 2023 Trollfjell Folkehøgskule attendees & Staff



Trollfjell Folkehøgskule and Camp Trollfjell depends on it's volunteers. Our cooks, instructors, and nurses all volunteered their time. We'd like to thank the following staff & volunteers:

Cooks

Kirby Aasen
Eric Malme

Assistant Cooks

Tom Gundershaug
Thomas Johnson
Jessica Ekbatani
Iris Arnold

Nurses

Heidi Larson
Amiee Mckenney
Chris Hanzel
Mick Brockman
Janice Shipley
Directors
Jason Morken
Rebekah Strand

Instructors

Lynn Skrukrud
Karen Nichols
Steve Nichols
Laurie Mittelstadt
Tove-Lise Miller
Laila Glahn
Bruce Fihe

Counselors

Max Leone
Emma Rafael
Austin Johnson
Baylee Mckenney
Counselor in Training
Mia Shipley

OLAF TRYGVASON

A new and exciting feature for the 2023 Parents Program was a short play the kids created. The play was based on the dramatic battle of 1000AD which took the life of King Olav I. This was one of the campers heritage units. The campers learned about the history of the Viking Era and the reasons why vikings raided and traded. The campers created their own props and costumes. They worked hard rehearsing the play, to make this story come to life.

The music used in the program is from a recording provided by their instructors, Karen and Steve Nichols. The music was performed by a Norwegian 4 part men's chorus and composed by F.A. Reissiger, a German-Norwegian composer. Bj. Bjørnson, the first Norwegian to win the Nobel Prize in Literature wrote the lyrics. The song was originally performed in 1865.

If you'd like to see the 2023 Camp Trollfjell attendees' performance, click [HERE](#).



DISTRICT 2 DONATION

The members of Sons of Norway District 2 donated pillowcases for Camp Trollfjell attendees. Each pillowcase came with an encouraging note. Thank you!



CENTURY CLUB

Camp Norge is cherished as the jewel of Sons of Norway – District Six. The 46+ acre camp is a recreational wonderland nestled in the Sierra Nevada mountains. Camp Norge is the only district-wide gathering space in District 6 and creates a special opportunity for us to connect with our members and share our Scandinavian heritage with younger generations.



Maintaining this incredible property is no easy feat, which is why the Century Club was formed in 1996. The Century Club is a membership group dedicated to maintaining, sustaining, and improving the camp. To join the Century Club individuals must commit to donating at least \$100 annually or \$10 per month.

Every year half of the funds raised by the Century Club go directly to camp maintenance projects while the other half is set aside to build an endowment – meaning that your donation to the Century Club will help make an impact for generations to come!

Your investment in the Century Club enables us to ensure the viability of the camp.

Visit the Century Club website by clicking [HERE](#). Please consider joining the Century Club today! Click [HERE](#) for the application.

DISTRICT SIX RECREATION CENTER “CAMP NORGE” BOARD MEMBERS

President	Fred Hymans
Vice President	Eden Washburn
Treasurer	Vicki Running
Secretary	Susan Cody
Camp Manager	Susan Winje
Member	Tom Gundershaug
Member	Jason Morken
Member	Lynn Skrukrud
District Six President	Lis Barca

Click on the Recreation Center Board member's name to send an email.



Top Row L-R: Eden Washburn, Fred Hymans and Jason Morken. **Bottom Row L-R:** Vicki Running, Susan Cody, Susan Winje and Lynn Skrukrud. Not pictured: Tom Gundershaug and Lis Barca.



STAY in touch!

On the web

[Camp Norge
Century Club
Language and Heritage](#)

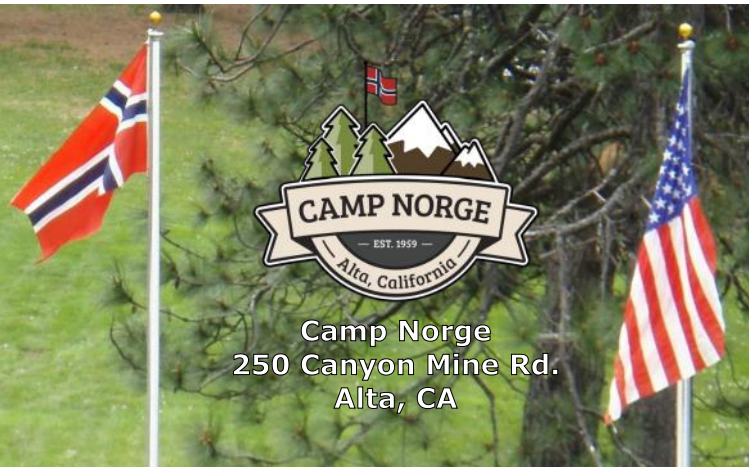
On Facebook

[Camp Norge
District Six Group Page
Trollfjell Group Page](#)



Northern California KRETSSTEVI

Labor Day Weekend - September 2, 3 & 4, 2023



Zones 1,2 and 3 invite YOU to our "Jewel in the Sierras" for the "Gathering of the Clan"!

Spend the weekend, or just a day with us for a great time! We'll have fun activities for everyone, and good food provided by some of our local lodges. All of the meals will be served in the Heritage Hall. Click [HERE](#) for complete details on our meals. Pay online or mail in the form. Meal registration deadline is August 25.

		Adult	Child		Adult	Child		Adult	Child
Saturday	Breakfast	\$7.00	\$3.50	Lunch	\$8.00	\$4.00	Dinner	\$15.00	\$7.50
Sunday	Frokost	\$10.00	\$5.00	(Served at 10:00 AM)			Dinner	\$15.00	\$7.50
Monday	Breakfast	\$5.00	\$2.50	Child price is for 12 & under, 5 & under eat for free.					



Activities include: pickleball, karaoke, a horseshoe tournament, hiking and more! Activities for kids will include: games, play-set and swimming pool fun!

Help support Camp Norge!

Please bring items for our silent auction.

To make room reservations, reserve a RV or tent site, send Susan Winje an email at campnorge2@gmail.com or call her at (530)389-8000.

Click [HERE](#) for pricing and a listing of accommodations.



CAMP OLDFJELL

9/30/2023 to 10/3/2023

Wine & Painting with Jana Peterson

**Join Jana for an
enchanted evening
of wine and painting
where you'll unlock
your creative
potential and bring
your own "Fram"
masterpiece to life!**

**For more information on this
popular event and all of our
other great classes and
activities click [HERE](https://sofn6.org/camp-oldfjell) or visit:
sofn6.org/camp-oldfjell**

Wine will only be served to those 21 and over.